

Dr. Marcia Schaefer grew up in Wisconsin, obtained her Bachelor's Degree in Biology before attending Palmer College of Chiropractic to obtain her Doctor of Chiropractic degree in 2010.

While studying at Palmer, she couldn't help but question if there was more to the big picture, and chose to become trained in Holistic Nutrition. It's not every day you get to test the principles that you were trained in, but shortly after graduating chiropractic college, a potential death sentence was handed down to her, and she decided to put salutogenic principles to work. Her experiences created a determination and passion to empower and educate others to care more about their internal environment of their being instead of the label handed to them.

Through her experiences, her deepest passion is shifting the epigenetic health status of future generations, starting with preconception. Empowering healthy families from fertility forward is her mission, and it's transforming the way people look at their health and wellness, for the benefit of our future generations.

She opened Spring Creek Family Chiropractic in July of 2011 and has enjoyed working with families and individuals improve their health and empower their desire for further improvement.

Dr. Schaefer started [DrMarciaSchaefer.com](http://DrMarciaSchaefer.com) in 2017 as an online resource for furthering her mission and position in the preconception and fertility world to assist more doctors, healthcare providers and individuals transform their own health and practices.

She currently speaks internationally, teaches for the International Chiropractic Pediatric Association and resides in Wisconsin with her husband, son and daughter. You can learn more about Dr. Marcia and her unique approach to health by visiting [www.SpringCreekFamilyChiro.com](http://www.SpringCreekFamilyChiro.com)



# **Dr. Marcia Schaefer**

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## **Education**

Palmer College of Chiropractic, Davenport, IA – Doctor of Chiropractic, February 2010

University of Wisconsin Platteville – B.S Biology, Minor in Business December 2005

## **Work Experience**

Owner, Spring Creek Family Chiropractic, Lodi WI, 2011 - Present

Instructor, International Chiropractic Pediatric Association, 2014 - Present

## **Related Experience**

Human Anatomy Teacher – University of Wisconsin Platteville 2005

Certification of Holistic Nutrition 2009

Clinic Abroad Fiji 2009

## **Professional Affiliations**

Chiropractic Society of Wisconsin

International Chiropractic Pediatric Association

International Federation of Chiropractors & Organizations

## **Certifications**

Certified Chiropractic Wellness Practitioner

Integrative Wellness Representative

National Board of Chiropractic Examiners, Parts I, II, III (including Physiotherapy) and IV

## **Publications/Media**

Pathways to Family Wellness Magazine *“Rethinking Racing for the Cure”*

Gerson Healing News

Health News Partner CW57 TV - Year long Monthly News segments

## **Presentations and Lectures**

Invited speaker Well Expo, Madison WI - February 2014

Invited speaker Freedom For Family Wellness Summit, Reston, VA - November 2014

Invited speaker N8 Connectors, Omaha, NE - October 2015

Keynote speaker EPOC Wisconsin, Geneva, WI - 2015

Keynote speaker Partners in Perinatal Health, Boston, MA - May 2016

Invited speaker Delta Sigma Chi Lyceum Davenport, IA - August 2016